

Department of California District 28

Veterans Affairs and Rehabilitation Program Bulletin November 19, 2023

Happy Fall to all Members,

I hope you and yours are happy and healthy as we head into the holi-day season. Please remember that not everyone is joyous and merry. Some are struggling day after day.

Our National and Department theme of "Be the One" to address veterans suicide issues, should be at the forefront of all activities we participate in, especially during this season. We need to be aware of the needs of our Veterans.

Several activities that are recommended are listed below:

- Give handcrafted thank you cards made by Junior members to veterans residing in veterans' homes and assisted living facilities.
- Donate Holiday gifts or care packages to junior-enlisted members and their families who are stationed in your area.
- Adopt a veteran or a military family for the holidays by donating food baskets and/or toys to the families at the Veterans Transition Center of California.
- Thank active-duty service members, veterans, military spouses, or military children for their service.
- > Visit war memorials with your children to teach them the value of service.
- ➢ Fly the U. S. flag.

Also, there are activities recommended by our Department VA&R chairman to participate in, but are not limited to:

Wreaths Across America

- Members are urged to take part in wreath placement ceremonies at local Veterans cemeteries.
- Units are encouraged to sponsor wreaths for placement through Wreaths Across America @ www.wreathsacrossamerica.org.

National Wreaths Across America Day is December 16, 2023.

Honor Flight, Inc.

- Members are encouraged to volunteer with local hubs. Even though we do not have this in our area, we can reach out and assist with these.
- Units can utilize their Poppy funds to support important aspects of Honor Flight activities. For more information visit <u>www.honorflight.org/donations</u>.
- Coordinate the delivery and creation of cards and letters to Honor Flight hubs for mail call.

If you have any questions, please reach out. Let's share our ideas and make a larger impact in the lives of our veterans.

Respectfully~ Robin Falkenberg, Chairman